



**CoQ10**

**Vit. E**

**Omega-3  
Fatty Acids**

**THE POWER OF 3**

**Quogress™**

*Soft gel capsules of Omega-3 Marine Triglycerides 300 mg,  
Ubidecarenone (Co-enzyme Q10) 150 mg, Vitamin E 100 mg*

**La Renon®**

# Quogress™

Soft gel capsules of Omega-3 Marine Triglycerides 300 mg,  
Ubidecarenone (Co-enzyme Q10) 150 mg, Vitamin E 100 mg

**Soft gel capsules of Omega-3 Marine Triglycerides 300mg, Ubidecarenone (Co-enzyme Q10) 150mg, Vitamin E 100mg**

## Introduction

Quogress is the unique combination of Co-enzyme Q10 (CoQ10), Vitamin E and Omega-3 fatty acids. Coenzyme Q10 is oil-soluble, vitamin-like substance is present in most eukaryotic cells, primarily in the mitochondria. It is a component of the electron transport chain (ETC) and also used by the body as an antioxidant.

Vitamin E has many biological functions, the antioxidant function being the most important. Omega-3 fatty acids are considered essential fatty acids.

## Mechanism of action

An oxidant is a substance that takes electrons from nearby substances and gives up electrons easily, and so can function to neutralize oxidants. CoQ10 serves as an important antioxidant in both mitochondria and lipid membranes. Mitochondrial dysfunction resulting in impaired oxygen metabolism may play a role in migraine pathogenesis. CoQ10 known to improve abnormalities in mitochondrial encephalomyopathies

## Indications

- ✗ Migraine prophylaxis
- ✗ Familial cerebellar ataxia
- ✗ Neurodegenerative disease
  - ✗ Alzheimer's Diseases
  - ✗ Parkinson's Diseases
  - ✗ Huntington's Disease (HD)
- ✗ Statin-related myopathy
- ✗ Mitochondrial diabetes
- ✗ Type 2 diabetes
- ✗ Hypertension

**Dosage:** 1 capsule/day for migraine prophylaxis

La Renon®

### La Renon Healthcare

208-Iscon Elegance, Circle P, Prahlad Nagar Cross Roads,  
S.G. Highway, Ahmedabad-380015, Gujarat, India.  
Phone: +91-79-3046-1000 (30 lines) Fax: +91-79-3046-1001  
E-mail: info@larenon.com Web: www.larenon.com

I am \_\_\_\_\_  
Call me on \_\_\_\_\_  
Mail me at \_\_\_\_\_