



breathe  
more &  
live more

## MONTEGRESS

Montelukast 4 mg / 5 mg Mouth dissolving tablet  
and 10 mg tablet

## MONTEGRESS-LC-4/10

Montelukast 4 mg and Levocetirizine 2.5 mg dispersible Tablet  
Montelukast 10 mg and Levocetirizine 5 mg Tablet

## MONTEGRESS-FX-120

Montelukast 10 mg and Fexofenadine 120 mg Tablet

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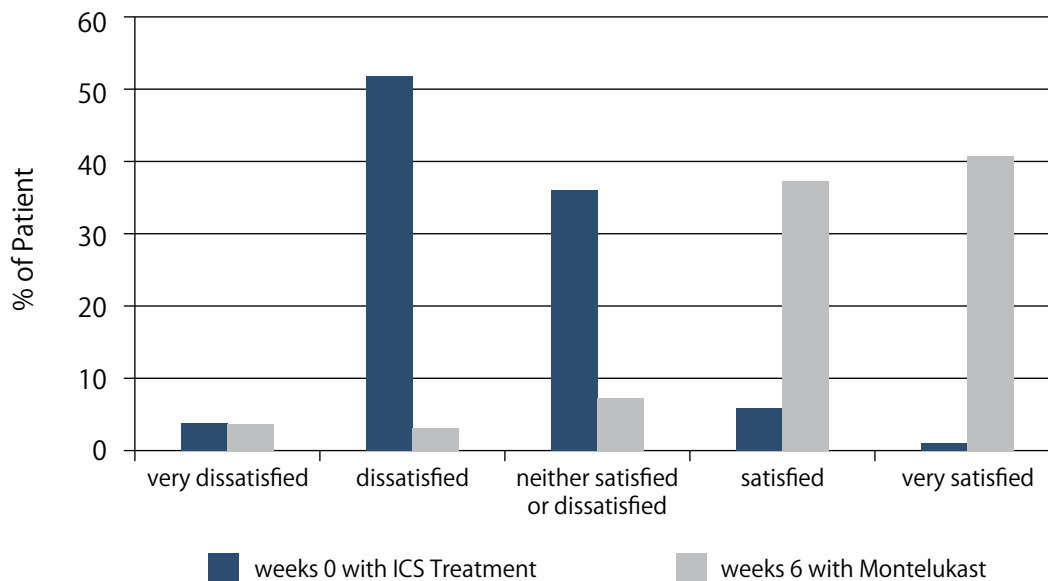
# MONTEGRESS-FX-120

Montelukast 10 mg and Fexofenadine 120 mg Tablet

## Clinical Studies

1. Montelukast is an effective and well-tolerated alternative to ICS treatment in patients with mild asthma who are uncontrolled or unsatisfied with low - dose ICS therapy.

Graph - Investigator global satisfaction with inhaled corticosteroids ( ICS ) and Montelukast Treatment

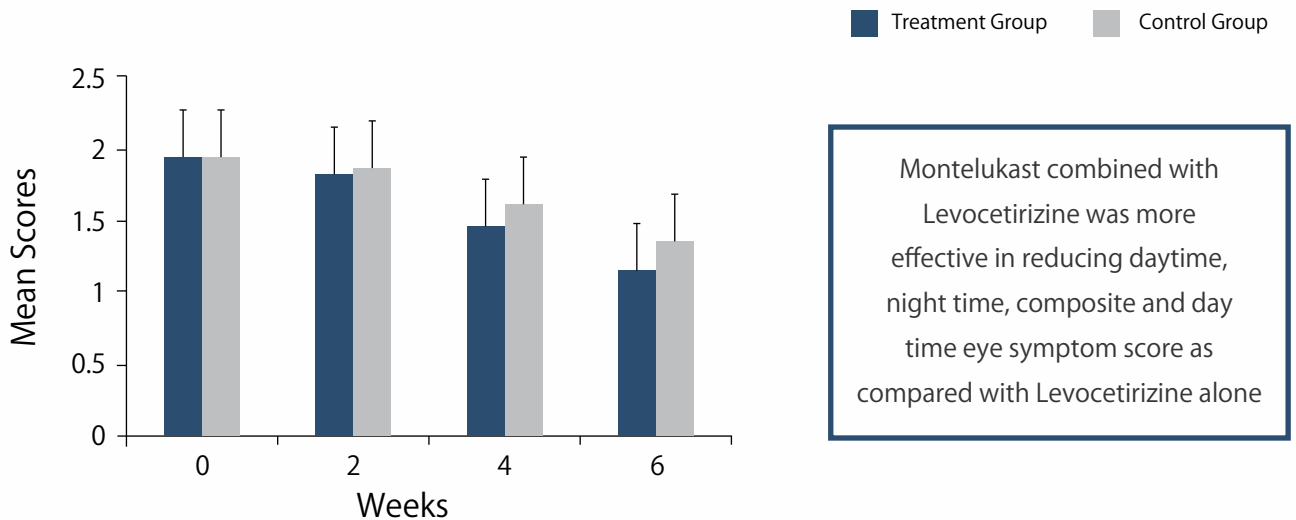


Patients	Therapy	Uncontrolled Asthma Symptoms	Patient Compliance	Physician Satisfaction	Patient Satisfaction
534 Patients with mild to Persistent Asthma who remain uncontrolled while on Inhaled Corticosteroids ( ICS ) monotherapy	Montelukast 5 mg Tablets ( 6 to 14 years of Patients ) and Montelukast 10 mg Tablets ( 15 years and older patients ) once a day for six weeks	Significantly decreased ( P=0.001 )	Significantly increased ( P=0.001 )	Significantly increased ( P=0.001 )	Significantly increased ( P=0.001 )

## 2. Efficacy of Montelukast and Levocetirizine as Treatment for Allergic Rhinitis

102 Patients with Allergic Rhinitis has been treated with Montelukast 10mg and Levocetirizine 5mg once daily at bed time for six week

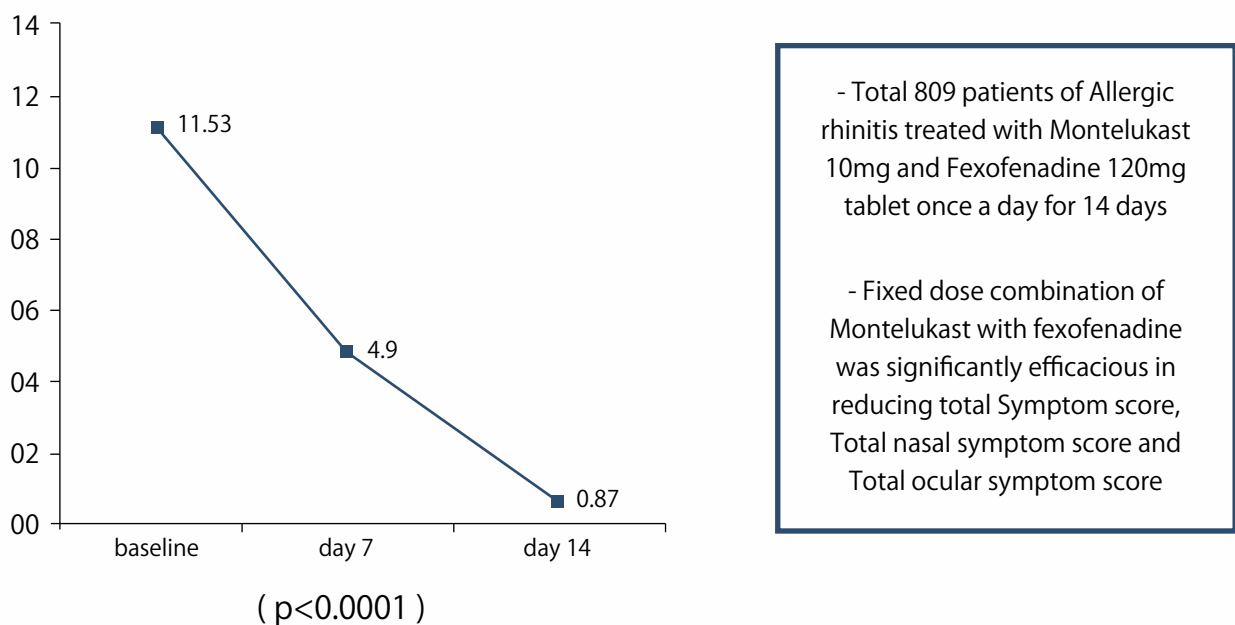
Graph - Mean Night time Nasal Symptom Score



\*p<0.5 as compared to control group  
 comparison of scores within group was done by Mann Whitney U test  
 comparison of scores between group was done by Wikoxon Sign Rank test

## 3. Efficacy and Safety of Montelukast Plus Fexofenadine Fixed Dose Combination in Allergic Rhinitis

Graph - Reduction in total symptom score ( TSS )



References :

1. Canadian Respiratory Journal; Vol 16 Suppl A ; May/June 2009 | 2. Journal of Allergy & Therapy; Vol 1(1);2010 | 3. Indian Medical Gazette August 2013

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Montelukast 10 mg and Fexofenadine 120 mg Tablet

## INDICATIONS AND USAGE

Asthma | Exercise-Induced Bronchoconstriction (EIB)  
Allergic Rhinitis | COPD (Chronic Obstructive Pulmonary Disorder)

## MECHANISM OF ACTION

Montelukast is an orally active compound that inhibits physiologic actions of LTD<sub>4</sub> at the CysLT<sub>1</sub> receptor without any agonist activity. Levocetirizine and Fexofenadine : an orally active potent, selective and long acting H<sub>1</sub>-Histamine receptor antagonist with no anticholinergic activity.

## DOSAGE AND ADMINISTRATION

Patients	Asthma , Allergic Rhinitis and COPD
Adults and adolescents 15 years of age and older	Montegress-10 once a day Montegress-LC-10 once a day Montegress-FX-120 once a day
Pediatric patients 6 to 14 years of age	Montegress-5 MD tablet once a day
Pediatric patients 2 to 5 years of age	Montegress-4 once a day Montegress-LC- 4 once a day

## DOSAGE FORMS AND STRENGTHS

MONTEGRESS-10 : Montelukast 10 mg Film coated tablet

MONTEGRESS-5 : Montelukast 5 mg Mouth dissolving tablet

MONTEGRESS-4 : Montelukast 4 mg Mouth dissolving tablet

MONTEGRESS-LC-10 : Montelukast 10 mg and Levocetirizine 5 mg Film coated tablet

MONTEGRESS -LC-4 : Montelukast 4 mg and Levocetirizine 2.5 mg Dispersible tablet

MONTEGRESS-FX-120 : Montelukast 10 mg and Fexofenadine 120 mg Film coated tablet

### **La Renon Healthcare Pvt. Ltd.**

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