

OHENZTM

Softgel Capsules of Omega - 3 Fatty Acids with Vitamin E

Truly MULTIFACETED!!!



La Renon[®]

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Description:

Omega-3 fatty acids are essential unsaturated fatty acids with a double bond (C=C) starting after the third carbon atom from the end of the carbon chain. Vitamin E is used to refer to a group of fat-soluble compounds that include both tocopherols and tocotrienols.

Composition:

- Omega 3 fatty acid – EPA (Eicosapentaenoic acid) 180 mg + DHA (Docosahexaenoic acid) 120 mg.
- Vitamin E – 100mg.

Mode of action:

Omega 3 performs its functions via:

- Promoting Healthy Cell Membranes
- Prostaglandin Production

Vitamin E addition:

To reduce deficiency of Vitamin E when co-administered with Omega 3.

Significance:

Omega 3 : Clinical studies suggest that omega-3 fatty acids may be helpful in treating a variety of health conditions like:

- **Heart Disease** - helps protect against stroke caused by plaque buildup and blood clots in the arteries that lead to the brain.
- **High Cholesterol** – by increasing HDL ("good") cholesterol and decreasing triglycerides.
- **High Blood Pressure** - lower blood pressure significantly in individuals with hypertension.
- **Diabetes** - helps lower triglycerides and apoproteins (markers of diabetes), and raise HDL.
- **Burns** - to reduce inflammation and promote wound healing in burn victims.
- **Arthritis** - reduces tenderness in joints, decrease morning stiffness, and allow for a reduction in the amount of medication needed for people with rheumatoid arthritis.
- **Osteoporosis** - helps increase levels of calcium in the body, deposit calcium in the bones, and improve bone strength.
- **Depression** - help nerve cells communicate with each other, which is an essential step in maintaining good mental health.
- **Asthma** - may decrease inflammation and improve lung function in adults with asthma.
- **Colon Cancer** - low levels of omega-3 fatty acids in the body are a marker for an increased risk of colon cancer.
- **Breast Cancer**- women who regularly consume foods rich in omega-3 fatty acids over many years may be less likely to develop breast cancer.

Vitamin E: Vitamin E in conjunction when used may also:

- Promote heart health.
- Act as Antioxidant.
- Promote respiratory health.
- Help with normal PMS symptoms.
- Support circulation.
- Support prostate and breast health.

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208-Iscon Elegance, Circle P, Prahlad Nagar Cross Roads,
S.G.Highway, Ahmedabad-380015, Gujarat, India. Phone:
+91-79-3046-1000 (30 lines) Fax: +91-79-3046-1001
E-mail: info@larenon.com Web: www.larenon.com

