

FOR THE PIVOTAL INCREASE



# PIVOHENZ™

MULTIVITAMIN TABLETS WITH ESSENTIAL TRACE ELEMENTS

La Renon®

# PIVOHENZ<sup>TM</sup>

## MULTIVITAMINS TABLETS WITH ESSENTIAL TRACE ELEMENTS

### Description:

#### Vitamins

Organic substances, essential in the diet in small amounts that are involved in fundamental functions of the body. An organic chemical compound ( or related set of compounds ) is called a vitamin when the organism cannot synthesize the compound in sufficient quantities, and must be obtained through the diet. Vitamins are classified as either water-soluble or fat-soluble. In humans there are 13 vitamins: 4 fat-soluble (A, D, E, and K) and 9 water-soluble (8 B vitamins and vitamin C).

#### Essential trace elements

Essential trace elements are required by man in amounts ranging from 50 micrograms to 18 milligrams per day. Acting as catalytic or structural components of larger molecules, they have specific functions and are indispensable for life.

### Composition:

CONTENT	LABEL	UNIT	IMPORTANCE
Vitamin A	480	µg	Needed for healthy vision, bone growth, reproduction and the immune system.
Vitamin B12	1	µg	Maintains nerve cells; works with folate to make red blood cells.
vitamin C	40	mg	Helps manufacture collagen, form and repair red blood cells, bones and other tissues.
Vitamin D	5	µg	Controls the absorption of calcium and phosphorus, which are essential for bone growth and development.
Vitamin E	10	mg	Maintaining the structure of lipids (fats) such as membranes.
Vitamin K	55	µg	Involved in blood clotting.
Thiamin(B1)	1.4	mg	Helps nervous system work properly.
Riboflavin(B2)	1.3	mg	Helps cells produce energy, supports normal vision and healthy skin.
Pyridoxine (B6)	2.0	mg	Helps the body make protein, which is then used to make cells; also helps make red blood cells.
Calcium Pantothenate	6	mg	Helps metabolize protein, fat and carbohydrates.
Biotin	150	µg	Helps metabolize protein, fat and carbohydrates in food.
Folate	200	µg	Essential for the normal formation of the red blood cells, protein metabolism, growth and cell division.
Chromium	200	µg	Decrease Blood Pressure; Decrease blood sugar.
Copper	2	mg	Brain stimulant, Anti-inflammatory.
Iodine	150	µg	Needed for the production of thyroid hormone.
Manganese	5	mg	Remedy for inflammation and sprains.
Selenium	40	µg	Scavenger of free radicals, Anti-aging effect.
Zinc	10	mg	Strengthens immune system; Helps balance blood sugar.
Iron	10	mg	Is an important constituent of Hemoglobin, myoglobin and the enzymes.
Expients	qs		

#### Indication

Vitamins and essential trace element deficiency in patients.

#### Dosage

As prescribed by the Registered Medical Practitioner.

## La Renon Healthcare

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