

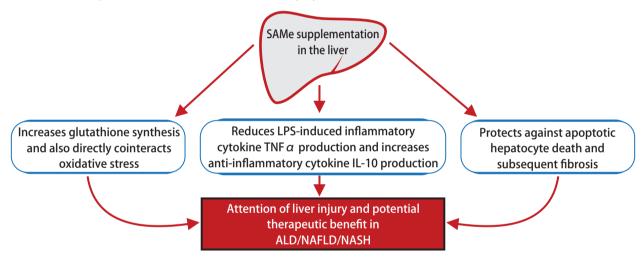
# CIRROSAM

S-Adenosyl-L-Methionine 400 mg Tablets



#### **INTRODUCTION:**

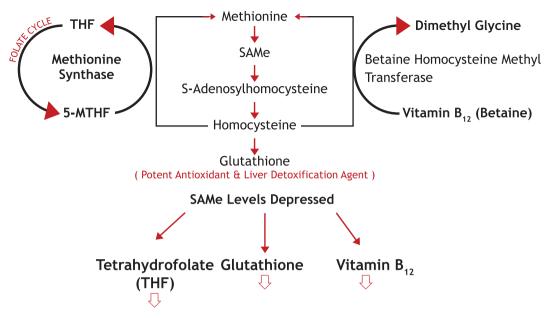
- S-Adenosyl-L-methionine (SAMe) exerts many key functions in the liver, including serving as a precursor for cysteine, 1 of 3 amino acids of Glutathione—the major physiologic defence mechanism against oxidative stress.
- SAMe is important for the metabolism of nucleic acids and for the structure and function of membranes and many other cellular constituents.
- SAMe is the principal methyl donor for methyltransferase reactions that regulate gene expression and facilitates the generation of the antioxidant GSH from Homocysteine.
- SAMe is also a key metabolite that regulates hepatocyte growth, death, and differentiation.<sup>1</sup>
- Biosynthesis of SAMe occurs in cells as the first step in methionine catabolism in a reaction catalyzed by methionine adenosyltransferase (MAT).<sup>1</sup>
- Decreased hepatic SAMe biosynthesis is a consequence of all forms of chronic liver injury. 1



#### WHY CIRROSAM?

- SAMe exerted a protective effect on patients undergoing liver resection.<sup>1</sup>
- SAMe exert an important role in reversing hepatic glutathione depletion in patients with liver disease.<sup>2</sup>
- Long-term treatment with SAMe (1200 mg/day, orally) improves survival or delay liver transplantation.<sup>3</sup>
- Safe for reducing the hepatic ischemia-reperfusion injury in partial hepatectomy.<sup>4</sup>
- SAMe plays a crucial role in liver cells and especially for regulating the sensitivity of liver cells to various kinds of injuries. 4
- SAMe therapy provides a protective effect on residual liver function of HCC patients.<sup>4</sup>
- SAMe exacerbates the harmful accumulation of methionine in liver cirrhosis.

### **LIVER FUNCTIONING:**



## **CLINICAL TRIALS OF SAME IN ALD:**

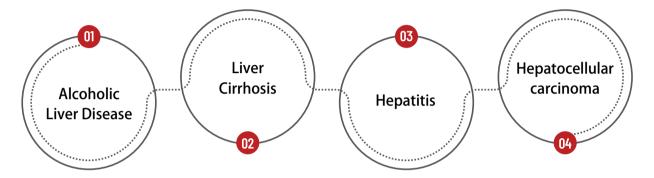
Study	Number of Patients in CT	SAMe dose (g/d)	Duration of Therapy	Outcomes of CT
Altomare et al., 1988	18 inpatients with severe decompensated ALD; 17 outpatients with ALD	1.2 g/d po vs. placebo	4 wk or 6 mo	Significantly increased hepatic glutathione, cysteine, taurine and reduced methionine
Cibin et al., 1988	64 patients with alcohol dependence but not cirrhosis	200 mg/d im vs. placebo	30 d	Reduced anxiety, depression, gGT and alcohol consumption
Corrales et al., 1991	16 patients with ALD	1.2 g/d po vs. placebo	4 wk	Improved hepatic methionine handling
Diaz Belmont et al., 1996	45 alcoholic hepatitis patients	200 mg/d iv vs. placebo	15 d	Increased plasma glutathione
Mato et al., 1999	123 patients with ALD cirrhosis	1.2 g/d po vs. placebo	24 mo	SAMe improved survival and reduced liver transplantation in Child-Pugh A/B patients
Vendemiale et al., 1989	39 patients with ALD	No treatment vs. SAMe 1.2 g/day vs. placebo	24 wk	SAMe significantly increases total glutathione



#### **DESCRIPTION:**

 $CIRROSAM\ tablets\ are\ formulation\ of\ S-Adenosyl\ L-Methionine, a\ pleiotropic\ molecule\ that\ is\ involved\ in\ multiple\ cellular\ reactions. This\ molecule\ participates\ in\ the\ following\ three\ types\ of\ reactions:\ transmethylation,\ transsulfuration\ and\ aminopropylation.$ 

#### **INDICATION:**



### **MECHANISM OF ACTION:**

SAMe is a natural substance present in the cells of the body. It is a direct metabolite of the essential amino acid L-methionine. SAMe plays a crucial biochemical role in the body by donating a one-carbon methyl group in a process called transmethylation.

SAMe, formed from the reaction of L-methionine and adenosine triphosphate catalyzed by the enzyme S-adenosylmethionine synthetase, is the methyl-group donor in the biosynthesis of both DNA and RNA nucleic acids, phospholipids, proteins, epinephrine, melatonin, creatine and other molecules.

#### **DOSAGE:**

The recommended dosage of CIRROSAM is 400 – 1200 mg per day by mouth in divided doses for minimum 6 months to enhance liver function or as directed by the healthcare professional.

#### **PRESENTATION:**

Cirrosam is available as a strip of 10 Tablets in a mono-carton.

#### **STORAGE:**

Store in cool and dry place. Protect from light and moisture.

#### La Renon Healthcare Private Limited

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