

# CHEWABLE TABLETS FOR

Best  
&  
Fast  
Absorption

Ease of  
Administration

Sugar free  
Sunshine

Best  
Preferred for  
Geriatric  
Patients

a *Ray* of Treasure

# SOLHIKE-D<sub>3</sub>

Cholecalciferol Chewable Tablets 60000 IU

La Renon

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Cholecalciferol Chewable Tablets 60000 IU

## Description:

- SOLHIKE D<sub>3</sub> contains Cholecalciferol IP 60,000 IU available in form of Chewable Tablets. Cholecalciferol (Vitamin D<sub>3</sub>) is a fat-soluble vitamin present in many foods. It can be endogenously produced by ultraviolet rays from sunlight when the skin is exposed to initiate vitamin D synthesis.<sup>1</sup>

## Indication:

- It is indicated for chronic low back pain, musculoskeletal pain, rheumatoid arthritis, osteoarthritis, neurodegenerative disorder and other vitamin D deficiency conditions.

## Salient Features:

- Vitamin D maintains normal blood levels of calcium and phosphate required for normal mineralization of bone, muscle contraction, nerve conduction, and general cellular function in all cells of the body.<sup>2</sup>
- Vitamin D is neuroprotective in action. It maintain the blood-brain barrier integrity.<sup>3</sup>
- The weekly dose of 60,000 IU of vitamin D is more efficacious than daily dose of 1000 IU in increasing the vitamin D level to normal range as well as in mitigating the deficiency symptoms.<sup>4</sup>

## Dosage:

- Vitamin D<sub>3</sub> 60000 IU to be given once a week for a period of 8 weeks, followed by maintenance daily dose as directed by the physician.

## Presentation:

- Available as a strip of 4 tablets.

## Storage:

- Store in a dry place at a temperature not exceeding 30°C. Protect from light.

## References:

- Nutrients 2016;8:1-16
- J Family Med Prim Care 2018;7:324-30.
- Stroke. 2019 Sep;50(9):2293-2298.
- J Family Med Prim Care 2019;8:1958-63.

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