

# Maharaft

Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg and Calcium Carbonate 80 mg Oral Suspension





Mint Flavour



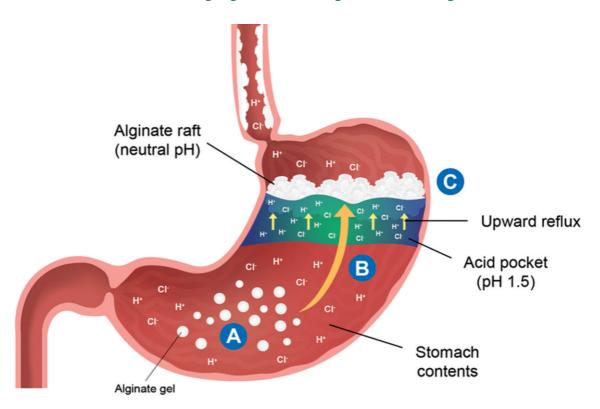
Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg and Calcium Carbonate 80 mg Oral Suspension

#### **Background:**

Gastroesophageal reflux disease (GERD) is a common gastrointestinal (GI) ailment that affects around 7.6% to 30% of the population in India<sup>1</sup> and heartburn is a primary symptom of gastroesophageal reflux disease (GERD).

The main therapeutic approach to the management of heartburn is to decrease esophageal acid exposure by neutralizing gastric acid and alginate-containing antacids have been used for the symptomatic treatment of heartburn and esophagitis for over 30 years.<sup>2</sup>

Alginate raft structure formation following ingestion of an alginate-containing formulation<sup>3</sup>:



- A. Alginates react with the stomach acid to form a gel-like substance with neutral pH.
- B. Sodium bicarbonate contained in the formulation releases carbon dioxide gas, which becomes trapped in the gel. The trapped carbon dioxide gas allows the gel to float to the surface of the stomach content.
- C. Effectively forming a raft structure that acts as a barrier over the gastric acid pocket, and blocks against upward reflux.

# RANDOMISED CLINICAL TRIAL: ADDITION OF ALGINATE-ANTACID ORAL SUSPENSION TO PROTON PUMP INHIBITOR THERAPY IN PATIENTS WITH BREAKTHROUGH SYMPTOMS

Aliment Pharmacol Ther. 2017;45:1524-1533

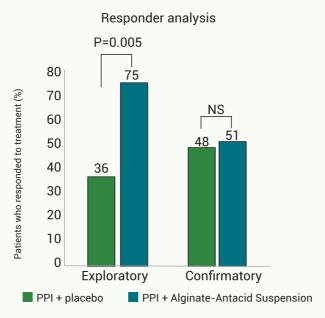
#### No. of Patients:

**Exploratory study** (Alginate-Antacid Group(N)= 26, Placebo (N)=26)

Confirmatory study (Alginate-Antacid Group(N)= 131, Placebo (N)=131)

**Duration:** 7-9 days treatment period

**Dose:** 20 ml of suspension four times a day (30 minutes after breakfast, 30 minutes after lunch, 30 minutes after dinner and immediately before going to bed) with PPI.



Percentage of patients responding after 7 days of add-on Alginate-Antacid or placebo treatment in the exploratory study (n=49) and Confirmatory study (n=262).

#### **Conclusion:**

In Post hoc "responder" analysis of the exploratory study significantly more Alginate-Antacid patients (75%) achieved ≥3 days reduction in "bad" days vs placebo patients (36%).

# RANDOMIZED CLINICAL TRIAL: SODIUM ALGINATE ORAL SUSPENSION IS NON-INFERIOR TO OMEPRAZOLE IN THE TREATMENT OF PATIENTS WITH NON-EROSIVE GASTROESOPHAGEAL DISEASE

Aliment Pharmacol Ther 2013; 38: 1054-1064

No of Patients: 195 NERD Patients (Sodium Alginate (n=97); Omeprazole Group (n=98))

**Duration of study: 4 weeks** 

Dose: Sodium alginate suspension 20 ml three times a day and omeprazole 20 mg once daily.

#### Result:

- 41.7% of subjects in the sodium alginate group vs. 39.8% of subjects in the omeprazole group achieved complete relief after 4 weeks of treatment.
- § Symptom improvement defined as a decrease in symptom score at day 28 compared with baseline is 98.8% (83/84) in the alginate group and 96.6% (85/88) in the omeprazole group.

Conclusion: Sodium alginate is as effective as omeprazole for symptomatic relief in patients with non-erosive reflux disease.



## Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg and Calcium Carbonate 80 mg Oral Suspension

#### **Description:**

Maharaft Mint Oral Suspension 150 ml contains Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg, and Calcium Carbonate 80 mg. The alginate-antacid formulation co-localize and eliminate the acid pocket in GERD.

#### Indication:

Maharaft is indicated in the treatment of Gastroesophageal Reflux Disease (GERD), Acid Reflux, Indigestion, Heartburn, Acidity, Gas

#### **Mechanism of Action:**



**Antacid** 

Neutralises acid for indigestion relief



**Alginate** 

Creates a protective reflux barrier



### Antacid-alginate combination products

- The antacid neutralises acid for indigestion relief
- The alginate forms a protective 'raft' to help prevent reflux

#### **Key Benefits:**

- Sodium alginate's unique non-systemic mechanism of action provides rapid and long-duration relief of heartburn and acid reflux symptoms.<sup>2</sup>
- The alginate raft provides sufficient viscosity to reduce reflux episodes.<sup>2</sup>
- Combination of two antacids and alginate
- Comes in a refreshing mint flavour
- Sugar-free Oral Suspension
- Caco3 rapidly neutralize esophageal pH when swallowed as liquid.<sup>4</sup>

#### Dosage:

10-20 ml after meals and at bedtime (Up to 4 times a day) or as directed by the Physician.

#### Storage:

Store at a temperature not exceeding 30°C.

#### **Presentation:**

Maharaft Oral Suspension is available in 150 ml of a glass bottle.

#### References

1.Indian Society of Gastroenterology 2019 | 2.Aliment Pharmacol Ther 2000; 14: 669-690 | 3.Ali et al. BMC Gastroenterology (2022) 22:219 | 4.Digestive Diseases and Sciences, Vol. 49, Nos. 11/12

207-208 Iscon Elegance, Circle P, Prahlad Nagar Cross Roads, S.G. Highway, Ahmedabad-380015, Gujarat, India. Phone: + 91-79-6616-8998, 2693-6656 | Fax: +91-79-6616-8998 E-mail: info@larenon.com | Web: www.larenon.com

©2022 All rights reserved, La Renon Healthcare Private Limited