

La Renon



# Parafiren

Liquid Paraffin 1.25 ml, Milk of Magnesia 3.75 ml and  
Sodium Picosulphate 3.33 mg Oral Suspension - 170 ml

A FINE WAY TO **START YOUR DAY**



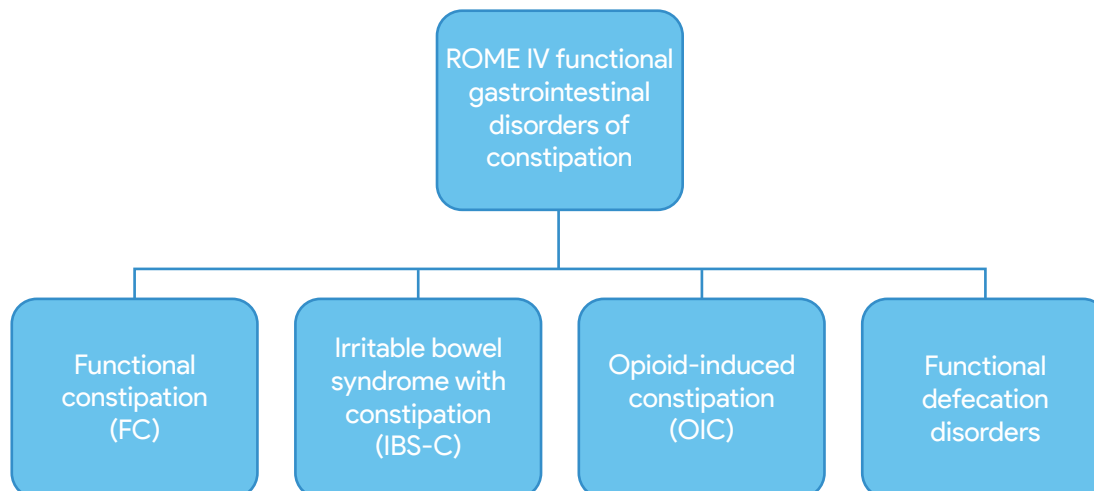
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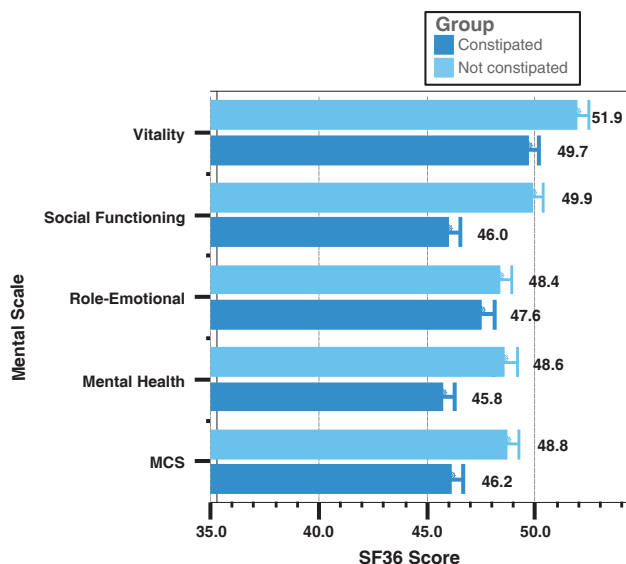
## BACKGROUND

- Constipation is a disorder in the gastrointestinal tract, which can result in infrequent stools, difficulty in stool passage with pain and stiffness. About 30% of the general population experience problems with constipation during life time, with elderly people and women being mostly affected .<sup>1</sup>
- LIQUID PARAFFIN, MILK OF MAGNESIA and SODIUM PICOSULPHATE belongs to the group of medicines called laxatives used to treat constipation.

## ROME IV DISORDERS OF CHRONIC CONSTIPATION<sup>2</sup>



## THE BURDEN OF CONSTIPATION ON QUALITY OF LIFE<sup>3</sup>



Mean mental scores of the SF-36 Health Survey in constipated and non-constipated subjects.

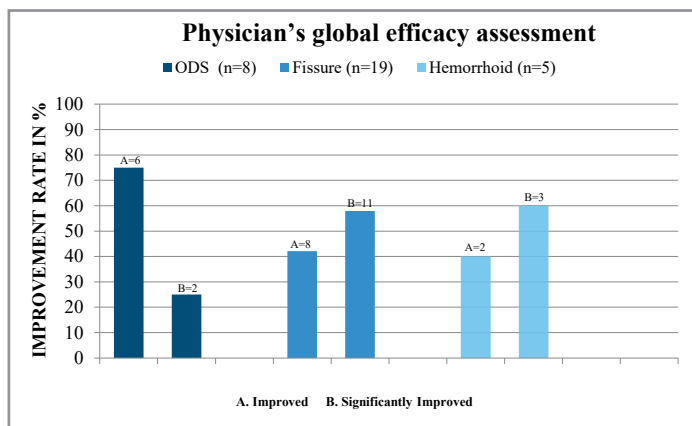
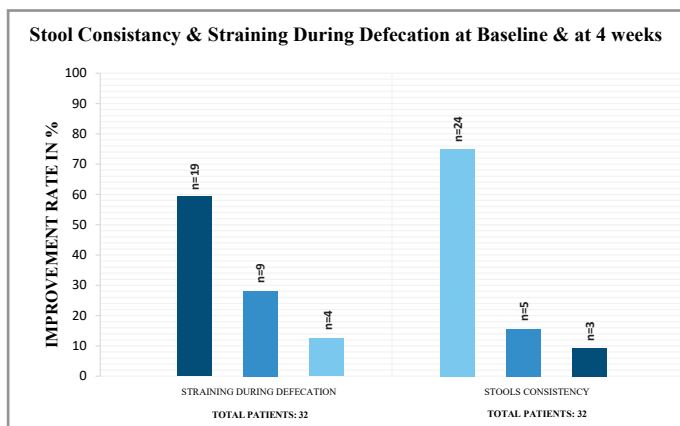
Chronic constipation negatively impacts on quality of life, causing abdominal pain, bloating, loss of appetite and/or nausea, headaches, bad breath, restlessness, anxiety and/or depression, and is associated with a substantial economic burden to individuals and society.

1. A prospective non-comparative study to assess the effectiveness and safety of combination laxative therapy containing milk of magnesia, liquid paraffin and sodium picosulphate in the management of constipation in patients with anal fissure/hemorrhoids/obstructive defecation syndrome.<sup>4</sup>

❖ **NO. OF PATIENTS** : 44 Patients (21 to 64 years of age)

❖ **DURATION** : 4 weeks    ❖ **DOSE** : 15 ml / day

❖ **RESULTS** :



## CONCLUSION

Improvement in stool frequency, consistency and straining are noted in all patients with constipation treated with a combination of laxatives containing the milk of magnesia, liquid paraffin, and sodium picosulphate for 4-weeks, improving the quality of life.

2. Randomised, placebo-controlled, double blind study to investigate the efficacy and safety of the acute use of sodium picosulphate in patients with chronic constipation<sup>5</sup>

The comparison of sodium picosulphate and placebo in terms of the number of responders during the three treatment days (all patients treated)

PARAMETERS	SODIUM PICOSULPHATE	PLACEBO
Number of patients	29	28
Responder [n (%)]	24 (82.8)	14 (50.0)
Comparison to placebo (%)		
Difference	32.8	
95% confidence interval	9.7–55.8	
P-Value	0.010	

## CONCLUSION

Sodium picosulphate is an effective, well-tolerated and safe laxative in the treatment of constipation.

# Parafiren



Liquid Paraffin 1.25 ml, Milk of Magnesia 3.75 ml and Sodium Picosulphate 3.33 mg Oral Suspension - 170 ml

## DESCRIPTION

**Parafiren** Oral suspension is a combination medicine used in the treatment of constipation and acts as a laxative that helps to treat constipation (infrequent bowel movements, hard and dry stools).

**Parafiren** contains Liquid Paraffin (1.25 ml), Milk of Magnesia (3.75 ml) & Sodium Picosulphate (3.33 mg) and is available as 170 ml oral suspension.

## INDICATION

**Parafiren** is indicated for the treatment of constipation.

## MECHANISM OF ACTION

- Liquid paraffin is a type of medicine called as laxative. It works by softening and lubricating the stools. This helps the stools to move more easily through the bowel.
- Sodium picosulphate is a stimulant laxative that increases peristalsis (the wave-like movement of the intestines) to push the stools forward, while milk of magnesia is an osmotic laxative that works by drawing water into the intestine through osmosis.
- Together, they make the stool soft and slippery making it easier to pass.

## DOSAGE AND ADMINISTRATION

The recommended dose of **Parafiren** is 15 ml once a day, with or without food or as directed by the Physician.

## STORAGE

Store in a dry place at a temperature not exceeding 30°C, Protected from light.

## PRESENTATION

**Parafiren** is available in 170 ml bottle.

### REFERENCES:

- 1.10.1186/s12876-015-0366-3, De Giorgio et al. BMC Gastroenterology (2015)
- 2.EXPERT REVIEW OF GASTROENTEROLOGY & HEPATOLOGY 2020, VOL. 14, NO. 1, 39–46
- 3.Burden of constipation: Aliment Pharmacol Ther 26,227–236;2007
- 4.International Surgery Journal | December 2017 | Vol.4
- 5.Sodium Picosulfate study: Int J Clin Pract, June 2007, 61, 6, 944–950

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