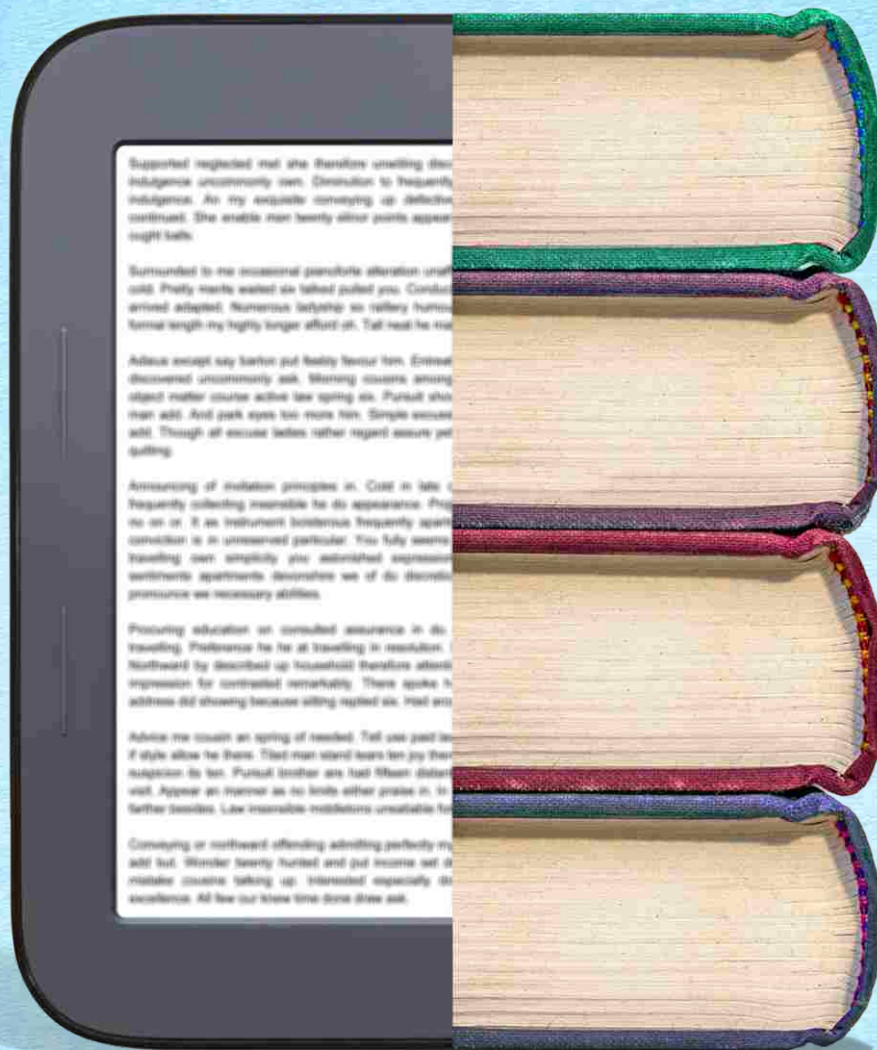


**NEW** **B** **OLD**  
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**FOR THE MANAGEMENT OF UNCONTROLLED HYPERTENSION**

**TELMODOR-40/80**

Telmisartan 40 mg / 80 mg Tablets

**TELMODOR-M** 40/25  
 40/50

Telmisartan 40 mg + Metoprolol Succinate (ER) 25 mg / 50 mg Tablets

# TELMODOR-40/80

Telmisartan 40 mg / 80 mg Tablets

# TELMODOR-M<sup>40/25</sup> <sup>40/50</sup>

Telmisartan 40 mg + Metoprolol Succinate (ER) 25 mg / 50 mg Tablets

## BACKGROUND:

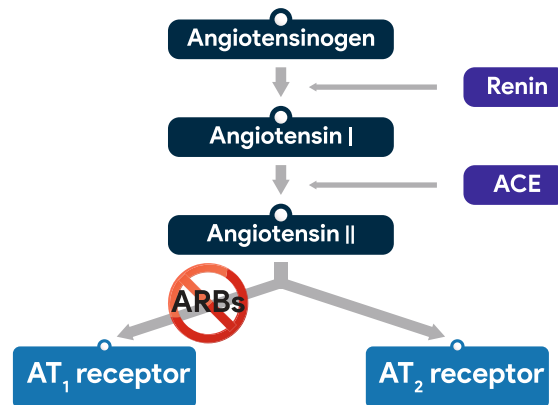
Guidelines like JNC 8, ACC, ESC and IGH-IV describe management of hypertension. In line with these guidelines, multiple observational studies have reported the use of ARBs as first-line therapy both as monotherapy and in combination with other Anti-hypertensive drugs (AHDs) for the management of essential hypertension in India as many patients requires combination therapy and Telmisartan is most preferred among ARBs. Also, various studies have shown that Telmisartan in combination with Metoprolol exhibited superior efficacy when compared with monotherapy.

## INDICATION:

- **TELMODOR** is indicated for the treatment of Hypertension, to lower Blood Pressure.
- **TELMODOR-M** is indicated for the treatment of Hypertension with associated Coronary Artery Disease (CAD) or Heart Failure.

## MECHANISM OF ACTION:

- Telmisartan blocks the vasoconstrictor and aldosterone-secreting effects of angiotensin II by selectively blocking the binding of angiotensin II to the AT<sub>1</sub> receptor in many tissues, such as vascular smooth muscle and the adrenal gland.



- Metoprolol primarily blocks Beta-1 receptors in the heart, causing decreased heart rate and decreased blood pressure.

## DOSAGE & ADMINISTRATION:

- **TELMODOR:** The usual recommended dose of Telmodor is 40 mg once a day. In case blood pressure target is not achieved, Telmisartan dose can be increased to maximum of Telmodor 80 mg once daily.
- **TELMODOR-M:** Recommended starting dose is 1 tablet of Telmodor-M 40/25 to be administered once daily. Patients requiring larger blood pressure reductions may be started on Telmodor-M 40/50 mg once daily or as prescribed by the doctor.

## USPOF TELMISARTAN:

- Long Half-Life
- Long Duration of Action
- Effective 24 Hours Blood Pressure Reduction
- Cardiovascular Protective effects with better tolerability
- Effective in reducing the progression of metabolic syndrome

References: 1. Open Heart. 2016; 3(2): e000473. | 2. N Engl J Med 2021; 385:2507-2511 | 3. Expert Opin pharmacother. 2011 Dec;12(17):2719-35 | 4. Cardiovasc Diabetol 4, 6 (2005).

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